

Prior to surgery patients should do the following:

- For patients undergoing an FUT procedure keep 2-3 cm length in your hair prior to the surgery, this will ensure the stitches will be hidden post operatively
- For patients undergoing an FUT procedure commence flexibility exercises 1 month before, please see the
- For patients undergoing an FUE procedure please note in most cases the entire head must be shaved to a blade 0 on the day of the procedure
- Stop using Regaine 1 day before
- You can continue taking your FDA approved hair loss medicine as normal (if prescribed).
- Please stop taking any vitamins and supplements 1 week before
- Start using Tea-Tree shampoo 1 week before your surgery. This is available in all pharmacies and any brand of tea tree shampoo is suitable
- Do not drink alcohol for 48 hours before your surgery
- Eat a substantial breakfast before you arrive
- Please read your consent form before you attend for surgery
- Please contact the nursing staff with any queries you have
- Mild sedation is given during surgery and it is important you do not drive afterwards